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Dec 20/Jan 2014 - Year 11 - Issue 65

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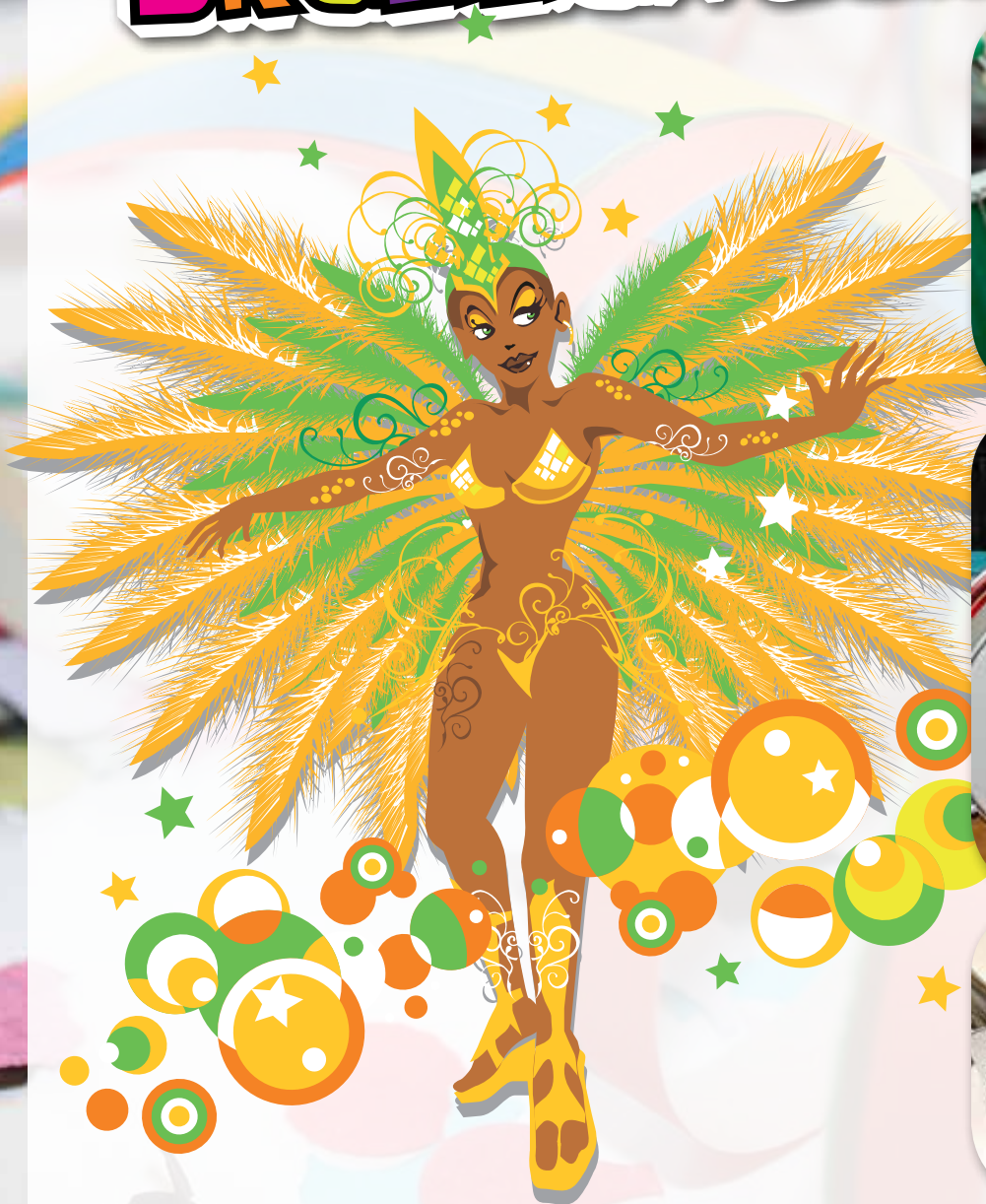
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Se Proteja Nesse Novo Ano

Vivemos em um mundo em que muitas pessoas pensam que são melhores do que outras, ou até mesmo, que são mais “espertas” e podem manipular situações. Na realidade essas pessoas são egoístas, invejosas e pobres de espírito e só querem que você dance conforme a música delas.

Quem não faz o que elas mandam ou não fala o que elas querem, vira inimigo. São pessoas fracas e sem noção sobre o que é positividade, mas são perigosas quando resolvem prejudicar alguém que não “fala sua língua”.

Elas podem assumir o papel de inimigas, se fazendo fingir de amigas e sugando suas boas energias. Há uma passagem bíblica que fala sobre esta relação: “se o inimigo está tentando te derrubar, é porque de pé você faz um grande estrago”. Qual é este estrago? No mínimo, seu brilho incomoda ou você não faz o que eles querem.

Abaixo, segue uma oração para abafar as forças de pessoas desse tipo, pobres de espírito, e que pode ser uma boa ferramenta para um novo ano ou um novo recomeço de vida:

Oração de Proteção

Santa Barbara, lei divina, pela lei tão estimada, desde a hora em que nasceu, que por Deus foi esposada. Teu pai como gentil sonhava e dizia que Bárbara era Santa e ao céu subia. Mandou fazer um ermo, onde não entrasse o sol nem a lua, nem a claridade nenhuma. No fim de sete anos pai foi visitar. “De quem sois, Bárbara, esposada?”. “De Jesus, pai de minha alma”. Ela marchou, quis degolá-la; ela não quis consentir; desceu um anjo do céu e disse: “consente, Bárbara, consente. Que tu aos céus subirás em festa, e o fogo, inimigos e o relâmpago, tudo vós abrandareis”. Amém!





Say 'YES' to challenges. Say 'YES' to success.

This mantra bellow is said to get siddha or perfection after chanting it 108 times a day for 11 days. This mantra is never failing for one who seeks success in business and financial prosperity, or who faces barriers in business growth, or other obstacles to prosperity. This mantra is very dear to Goddess Lakshmi, who told Vasistha "I am very pleased by this mantra and if any person recites this mantra even once, I will establish myself in his home."

LORD GANESHA VAKRATUNDA MAHAKAYA MANTRA FOR SUCCESS

"Vakratunda Mahakaya
Surya Koti Samaprabha
Nirvighnam Kurumedeva
Shubha Karyeshu Sarvada"

"Om Shreem Hreem Kleem Shreem
Laxmirachagachha
Mama Mandire Tishtha-Tishtha Swaha"

THE TRANSLATION IN ENGLISH FOR THIS POWERFUL MANTRA IN SYNTHESIS IS:

"O Lord, with large body, curved trunk and the radiance of a million suns. Please make all my good work free of obstacles, always".



From all your Friends of Soul Brasil Magazine... Health, Peace, Love and Much Success in this New Year 2014!

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MAKING DECISIONS EQUALS MAKING PROCESS

If you find yourself saying over and over again "let's think about it" chances are good your business is standing still. It's actually when you can make decisions quickly and effectively that your business moves and eventually soars. Start replacing the sentence "Let's think about it." with the sentence "Let's decide on it." And you will notice an immediate difference in your employees' attitudes and your bottom-line results.

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Get the habit to read for better business. Millions of people think that they should only read business books to help their business grow. But let me tell you that when you simple get the habit to read, does not matter of it is fiction book or any other type of publication, you not only improve your imagination but your vocabulary as well. And that improvement will help you communicate in a more engaging way with your customers, which will lead to greater profits.

TRAVEL SMART - QUICK TIP

A) If your trip includes a few hours in an unfamiliar airport, download the FREE app iFly Airport Guide for Android or iOS to get maps of more than 700 airports worldwide - <http://www.ifly.com/iFlyApp.html>. The app also has in-terminal GPS navigation to help you find your gate or that all-important Starbucks outlet, along with information about terminal amenities, parking rates, Wi-Fi availability, and much more. Practically the only thing missing is flight-status info, which is available in the premium (paid) version of the app. B) Best airlines for cashing in miles: Air Berlin, Gol Airlines of Brazil and Southwest all scored 100%

for seat availability for frequent flyers. AirTrans (now part of Southwest) scored 95%. Lowest scored is Delta and U.S Airways, both at 36.4%. Average score is 71/1%. To reach our travel assistant specialist in Brazil call Magali D'Silva (323)428-1963 – www.soulbrasil.com/travel.

EMBRATUR OPENS 3 PROMOTIONAL OFFICES IN U.S

The Brazilian Department of Tourism make an investment based in the growth of North Americans (American, Canadians and Mexicans) tourists with interest in visit Brazil, and created these offices in the U.S (Los Angeles, Chicago and NY) with the intention to further intensify actions to promote the country in the coming years. More than 580.000 Americans visited Brazil in 2012, just behind Argentina (first place, but in the border South of Brazil) while other 140.000 Canadians and Mexicans traveled to the land of Samba in 2012.

YOUR HEALTH - QUICK TIP 1

Lower your blood pressure the tasty way! How can a banana split of all things lower your blood pressure? Bananas are a rich source of potassium (0.422g per banana to be exact) and potassium is one of the most important nutrients when it comes to lowering blood pressure. A Duke University study revealed that people with extremely high blood pressure were able to lower their numbers by as much as 20 points once they increased potassium levels. Another effective natural way is drinking hibiscus tea!

YOUR HEALTH - QUICK TIP 2

Lower your blood sugar drinking apple cider vinegar! It is not for the faint of heart, but it is good for your system that you should try to get some down. Your best bet: first thing in the morning splash some into a glass of water and

drink up. The vitamins, pectin and potassium all work together to gave you many benefits. So don't turn your nose up at this oft-overlooked miracle from nature!

YOUR HEALTH - QUICK TIP 3

Depression improves with "positive" memory strategies. The method-of-loci teach people who suffer from depression to associate vivid positive memories with physical objects or locations – such as buildings they see every day on their way to work, for example. This technique makes it easier for depressed individuals to call up self-affirming memories that boost their mood long term.

(CRYSTAL BALL) FOR REAL ESTATE MARKET 2014

Residential sales will slow down until after the first of the year, because of seasonal fluctuations. We have a current low inventory because of the lack of housing starts over the past 5 to 6 years. People are still out there needing housing. This low inventory and pent up demand that has caused the increase in prices has people go back to work and feel confident in purchasing again. Homeowners who short sold or lost their home to foreclosure still need housing which has increased the number of people looking for rentals. In my area rent prices have skyrocketed because of the lack of units available. Many people who lost their homes are now finding that rents are much higher then the mortgage payments they walked away from. I believe the insanity of multiple offers will stop. The break even point for cash flow will be upon us soon. As prices increase and rents even out. Traditionally, the market in my area has been a challenge for the average income earner. The past few years have been exceptional for first time homebuyers and investors alike.

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SUA SAÚDE – DICA RÁPIDA 1

A “Terapia do Grito” funciona e é gratis! É melhor extravasar certas angústias ou raivas momentâneas do que ingeri-las. Em particular no trânsito, onde muitos de nós, simples seres humanos, nos deixamos tomar pelo stress, pelos maus motoristas e pelo trânsito caótico das grandes cidades. Nesse caso específico, feche os vidros e bote as cordas vocais para funcionar! A prática pode ser um santo remédio para alívio da raiva passageira.

SUA SAÚDE – DICA RÁPIDA 2

Durante o inverno, tome vinte minutos sob o sol para expulsar o frio do corpo e garantir saúde e sanidade. Quando o frio estaciona, mexa o seu corpo...para aquele canto ensolarado da sacada, do quintal ou do parque perto de casa. Vinte minutinhos sob o astro já aliviam a sensação de rigidez muscular produzida pelo frio, e esquentam a alma! Segundo alguns médicos, há uma correlação clara entre falta de sol e a depressão sazonal, mais comum nos meses de inverno.

FATO INÉDITO!

HANDEBOL DO BRASIL SAGRA-SE CAMPEÃO MUNDIAL E INVICTO

O Brasil ganhou um título mundial inédito no domingo, dia 22 de Dezembro, e se sagrou campeão mundial de handebol feminino em Belgrado em uma final eletrizante contra a Sérvia por placar de 22 X 20. E ainda teve a MVP do torneio, a jogadora Duda e a melhor goleira do campeonato, a jogadora Babi. Um resultado histórico que mostra como o esporte brasileiro vive um novo momento. Parabéns, meninas!

BRASILEIROS PODERÃO REALIZAR DIVÓRCIO EM CONSULADOS NO EXTERIOR

A partir do dia 28 de fevereiro de 2014 será possível fazer o divórcio nos consulados brasileiros .

Até hoje, brasileiros residentes no exterior que quisessem se divorciar tinham de mandar uma procuração para que um advogado fizesse todos os procedimentos no Brasil. A permissão para a autoridade consular realizar divórcios consta da lei 12.874/13, sancionada pela presidente Dilma Roussef no começo de novembro (2013). A lei beneficia muitos casais que já estavam praticamente separados, alguns morando em países diferentes e que queriam formalizar essa situação de forma consensual. A ideia teve origem a partir do deputado Walter Ohoshi que queria diminuir a burocracia enfrentada pelos brasileiros que vivem fora do país. “Há sempre um pleito da comunidade brasileira para que a gente simplifique todos os procedimentos. Mas há um limite para o quanto esse e outros procedimentos possam ser simplificados, já que para certas coisas, a presença de um advogado é essencial”, disse Luisa Lopes – diretora do Departamento Consular e de Brasileiros no Exterior do Ministério das Relações Exteriores em nota à imprensa no mês de novembro (2013).

IMIGRAÇÃO DOS EUA LANÇA WEBSITE REDESENHADO PARA FACILITAR NAVEGAÇÃO

O serviço de imigração e cidadania dos EUA (USCIS), anunciou recentemente o lançamento do seu site redesenhado, disponível em inglês e espanhol, e que irá fornecer uma melhor experiência ao visitante através de uma navegação mais simples e ao mesmo tempo mais dinâmica. Entre alguns dos novos aperfeiçoamentos estão uma seção de menus de ferramentas de ajuda para que clientes possam concluir transações eletrônicas comuns e um menu de navegação proeminente que produz resultados mais precisos, além de incluir um banner rotativo com informações de destaque e notas importantes mais recentes em sua página inicial – www.uscis.gov ou www.uscis.gov/espanol

AMERICAN AIRLINES CONCRETIZA CONTRATO BILIONÁRIO COM EMBRAER

A American Airlines concretizou um pedido de 60 aviões E175 a brasileira Embraer e um negócio de aproximadamente US\$ 2,5 bilhões. O pedido anunciado por ambas empresas no dia 12 de dezembro, inclui também opções de compra para outras 90 aeronaves do mesmo modelo, podendo o total subir para os US\$ 6 bilhões. As ações da Embraer subiram mais de 4%, a R\$ 18,40, ante alta de 0,29% do Ibovespa, principal índice da Bolsa de Valores de São Paulo (Bovespa). A Embraer é a terceira maior fabricante de aviões do mundo, atrás apenas da Airbus e Boeing

ESTUDO APONTA O PIB DO BRASIL COMO O QUINTO MAIOR DO MUNDO EM 2023

Daqui a 10 anos, segundo previsões do Centro de Pesquisas sobre Economia e Negócios Europeu (CEBR), a economia brasileira estará deixando para trás economias fortes como a Inglesa e a Alemã e assumindo o quinto lugar de maior “produto interno bruto” (PIB). Em 2011, a economia nacional tomou a sexta posição do Reino Unido, mas perdeu o posto em 2012, retornando à sétima posição. Contudo, nos próximos dez anos, o Brasil vai se beneficiar da produção de commodities, alimentos e energia para galgar posições no ranking global, segundo a consultoria europeia que divulga periodicamente previsões econômicas. Como curiosidade, o mesmo estudo aponta que a China passará os EUA apenas em 2028 – um pouco depois do previsto anteriormente, e devido ao reaquecimento da economia americana e a desaceleração do ritmo chinês. Ainda em 2028, a Índia subirá ao terceiro lugar, deixando o Japão em quarto, logo à frente do Brasil. Ainda no mesmo ano, o estudo aponta que o México entrará para o Top 10 da lista e que a Coreia do Sul e a Turquia estarão nos 11º e 12º lugares respectivamente, deixando a França para trás.

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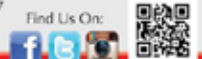
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Positive Affirmations for Positive Change

Developing a positive mindset is one of the most powerful strategies to turn your life around. Positive affirmations can help develop a powerful and positive attitude to life, which are essential elements in living a successful and healthy life.

Positive affirmations are essentially positive thoughts or statements about some outcome that you wish to see manifest in your life. The daily repetition of these affirmations has the power to impress the subconscious mind and trigger it into positive action, thereby transforming your habits, behaviour, mental attitudes and reactions.

The very first thing you need to look at before creating your own personalised affirmations is to visualise your goal. Be specific and be sure to put in all the details - the outcome, the behaviours, attitudes and traits you would like to see yourself develop in order to get there. Visualisation is the key - if you want a new car, put a picture of the car you want in a place you'll see frequently during the day.

Make sure to only use positive words and phrases when creating your personal affirmations, for example, if trying to lose weight, don't use the phrases "I need to lose weight" or "I look fat"; instead say "I am slim". Also, use the present tense because by doing so, you say things as if they are already true, and not as if you would like them to be true.

The sceptic in you could ask: can affirmations really make a difference in my life? Listen to

what your inner voice is telling yourself day after day. Is it the voice of Mr. Negative or Mr. Positive? Few people are as optimistic or positive as they should be. If Mr. Negative is more dominant than Mr. Positive, positive

affirmations could be the way to reprogram your thinking and vanquish the negative patterns that have been holding you back from the success you hope to achieve.





EMPOWER AND MOTIVATE YOURSELF TO ACHIEVE SUCCESS WITH DAILY AFFIRMATIONS

Something very important even before you starting saying your affirmations is to know that you need to visualize it! Visualization is a very powerful tool to use for almost any purpose. In order to give more credibility to an affirmation, visualizing it can bring it to a whole other level of reality. This reality in the mind's eye helps to create a positive energy that centers itself in following the affirmation to its goal's end. See it! Than say it!

Other important facts to reminder you with your affirmations success are to avoid common mistakes such as giving up too easily and vary the affirmations too much. These two mistakes are the most common reasons why goals are not reached even with the assistance of positive affirmation.

Creating a routine of sorts helps to reinforce the affirmation daily and thus case the lasting effect to build upon itself. The idea is that every time the affirmation is verbalized or used the resulting mind set and confidence is magnified. Thus by giving up too early in the race towards the goal the affirmation does not get the chance to manifest positively.

Like mention also above, don't vary the affirmations too much. Stick to one affirmation until the desired results start to take "shape". The danger in having too many different affirmations are that the mind becomes confused and cannot concentrate

of the various affirmations and thus no real breakthrough are experienced. Devoting one affirmation to one project at a time is very wise.

SOME SUGGESTIONS

Below are some of the various positive affirmations that anyone can adopt into their daily lives for that extra boost in the fight direction.

- ✦ Being positive about asking and getting everything asked for, help to build the confidence in the art of affirmation itself. This is further strengthened when there are signs of positive results.
- ✦ Being confident that whatever is received is more than enough and even in abundance causes the individual to prepare positively in terms of expectations.
- ✦ Visualizing an over flowing and healthy bank account is without doubt the most welcomed and desired outcome,
- ✦ The affirmation that every endeavors ventured brings abundant positive results helps to give rise to the level of commitment given to success.
- ✦ Constantly affirming being on the receiving end to good things is a great motivator and attraction as this gives those around a sense of success too.
- ✦ Looking upon oneself as a totally successful person does affect both the body and mind. With this mind set, people think, act and carry themselves differently and with a positive manner surrounding them.
- ✦ Affirming the fact that every venture ends in total and unlimited success not

only draws a higher level of confidence, it also draws powerful people into the immediate circle.

- ✦ Success come effortlessly, is the ultimate affirmation to have total trust in. one of the more delightful affirmations to have.
- ✦ The mindset that believes in being a magnet of like minded positive people opens up opportunities that would otherwise not exist.
- ✦ Having the effect of being contagious when it comes to success, is primarily why most successful people stick together.
- ✦ Affirm the love for the particular chosen path. People who love what they are doing are happy people indeed, and everyone likes to be around happy people.
- ✦ Making friends out of powerful business relationships.

WRAPPING UP

Success falls short when there are no good habits formed. Affirmation helps the individual to support itself towards achieving the goal because of the good habits it promotes along the way in order to keep the goal "alive". Creating and keeping good habits through daily affirmation empowers the success of the individual and the goal.

Falling short several times is not unusual when pursuing a goal. However without proper positive affirmation it is unlikely the individual would be able to rise to the occasion by tapping into the Unknown reserve powers every individual has. ■

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Dieting for Success

You will Make it Happen in 2014!

Many people have tried and failed many different diets in their past that they try a new diet with the absolute knowledge that they will fail the next attempt. Dieting is far too often approached from the mindset of impending failure.

The American business legend, Henry Ford once said, "If you think you can or think you can't you will always be right." If you think you are going to fail at this diet you are dooming yourself to failure before you even deprive yourself of the first bite. Think about that before you begin because only a true masochist could find pleasure in perpetuating this vicious cycle without ever stopping to wonder why none of the other diets have worked for you. Henry Ford also said, "Failure is only the opportunity to begin again more intelligently". In case you were wondering I would say his words are quite profound. Seriously though, if you do not examine the reasons for

your failures you are certainly dooming yourself to repeat them and if you are already planning to fail why on earth would you even try?

You are the only person who can take control of your need to eat. You are the only one who can pay attention and notice when you are eating for emotional fulfillment and when you are eating from necessity. You and you alone can get yourself out of your chair and on your feet. You are the only one that can take the responsibility for the condition in which you find yourself. There are medical exceptions but even in these situations if you are trying diet after diet and failing over and over again then you must at some point in time realize that it is quite likely not the diets that aren't working.

We must all be accountable for our successes and failures in life. It is no different when it comes to dieting. There are few better feelings in the world

than for someone to notice and compliment your efforts. If you are very obese unfortunately, it may take a little more time for people to actually notice the weight you've lost. Too many men and women give up simply because no one noticed and that is an incredible shame. Give your dieting practices an opportunity to work before you decide they are a failure and you just might surprise yourself with a roaring success.

The truth is far too few people hold themselves accountable to their dieting and weight loss goals. This means that far too many people are giving up without really ever bothering to give it an effort. If you have an issue holding yourself accountable to your dieting plans, perhaps you would do well to diet with a partner. This helps you not only set goals but also to meet and exceed challenges along the way. A partner can also benefit from the partnership as he or she will be challenged and feel the need to perform better than if he or she were dieting alone.

You must hold yourself accountable to your stated dieting and weight loss goals in order to achieve any lasting results. If you have not had dieting success in the past, then perhaps it is time to bring some degree of accountability into the picture and make it happen.

Accomplishing long term goals is a moment by moment activity. You can't change what has happened in the past, but you can influence what will happen in the future by focusing on achieving the goals you set for yourself each day. Do the very best you can with what you have to work with right now. If you do, the future will take care of itself. Just do it! Actually, better said, just do it right, in 2014! ■



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What Can we Expect in the Year of the Horse?

The 2013 was the year of snake that took a toll on everyone with its snake-y energy. Not so in the Year of the Horse...2014.

A much better year is on the way for most of us as is the prognostic from Feng Shui and numerologists specialists as well as pai-de-santos" in Brazil. Some facts that we can expect in the year ahead are:

- ★ The woman of the house catches a huge financial break this year. In fact, it's the woman of the house who holds the keys to the bank this year.
- ★ Singles have great love energy this year and could find someone they've been looking for. Couples could reignite their relationships or become engaged!
- ★ Careers are ready to get a huge boost...there is great energy for future prosperity. The star of future wealth flies here so it's time to start that business endeavor you've been thinking about.
- ★ If you believe in intuition, open your "eyes" for better perception of opportunities. This year can give you a huge boost for your goals and intentions in 2014.

CONCERNS FOR 2014?

Yes. The 5 Yellow affliction flies into the northwest sector of the man of the house or the breadwinner.

This ugly star will challenge the heavenly palace this year – and that can be especially troublesome for the whole family, causing serious loss. It's called the "Bone Breaker" for a good reason, but it could do damage far worse than a broken bone. It can cause serious illness such as cancer, heart problems, serious back and spine injuries to anyone with a house



facing the northwest. The father or man of the house is the most vulnerable though. And if you have a house that has a front door in the center sector or a kitchen located here, you'll need to pay extra special attention this year.

LOVE SPECIAL ATTENTION

The four star of romance is headed to the center or heavenly heart palace! This star will bring hearts and flowers to 2014 in a way that we haven't seen in a long, long time. Remember when you and your sweetie looked at each other tenderly? This star will help you find that feeling again. Maybe you've been alone a long time. This is the year you could find someone. Or, get engaged, even married. The chances are higher than many years before!

COLORS

2013 was the year of green, more specific

green emerald that is served as a symbol of growth, renewal and prosperity. 2014 will be the year of radiant purple, or more specific, purple orchid. Referring to it as an invitation to innovation, Radiant Orchid encourages expanded creativity and originality. Radiant Orchid reaches across the color wheel to intrigue the eye and spark the imagination. It's a captivating purple, the result of a harmonious relationship between fuchsias, purples, and pinks, which, inspiring confidence and emanates joy, love, and health. Cosmetically, Radiant Orchid can be paired with lavenders, purples and pinks for an assortment of makeup combinations. Best give your wardrobe a double take, as it will lend a rosy glow to both men's and women's garments. To attract money, put your purse to work tapping wealth energy and use purple or any purple color variation. To select a purse color based on the year's energies is always a good idea! ■



O Hi Brazil Market, que abriu suas portas vários anos atrás e que por muitos anos teve a brasileira Alessandra a frente do negócio, meses atrás fechou suas portas para uma ampla reforma interior e inclusive administrativa, já que houve a adesão de uma co-proprietária. Ketrin Lionzo, ex-funcionária da Pontual Money Transfer, assumiu sua nova missão como co-proprietária trazendo consigo sua experiência administrativa e novas ideias para

o design da loja. No dia 2 de Novembro houve o evento de Grand Opening da reabertura oficial do novo Hi Brazil Market com a presença do "Rei da Pamonha", sorteio de brindes e a visita de vários antigos e novos clientes. O bonito e novo Hi Brazil ampliou a sua linha de serviços e produtos brasileiros, e reformulou por completo o seu design interior e sua apresentação fazendo os clientes que conheceram o antes e depois suspirarem: OMG! Você pode encontrar uma vasta linha de produtos comestíveis entre Nestlé,

Garoto, Yoki, Magi, etc; um amplo freezer onde se encontra desde o Açai e Guaraná a delicias congeladas como o Pão-de-Queijo; uma variedade de produtos de beleza que vão desde o tradicional Leite de Rosas e sabonete Phebo a uma linha completa Novex, águas de cheiro e produtos para o cabelo; sandálias japonesas, bikinis, bijuterias e muito mais. Não resistimos e terminamos saindo de la com uma sacolinha!
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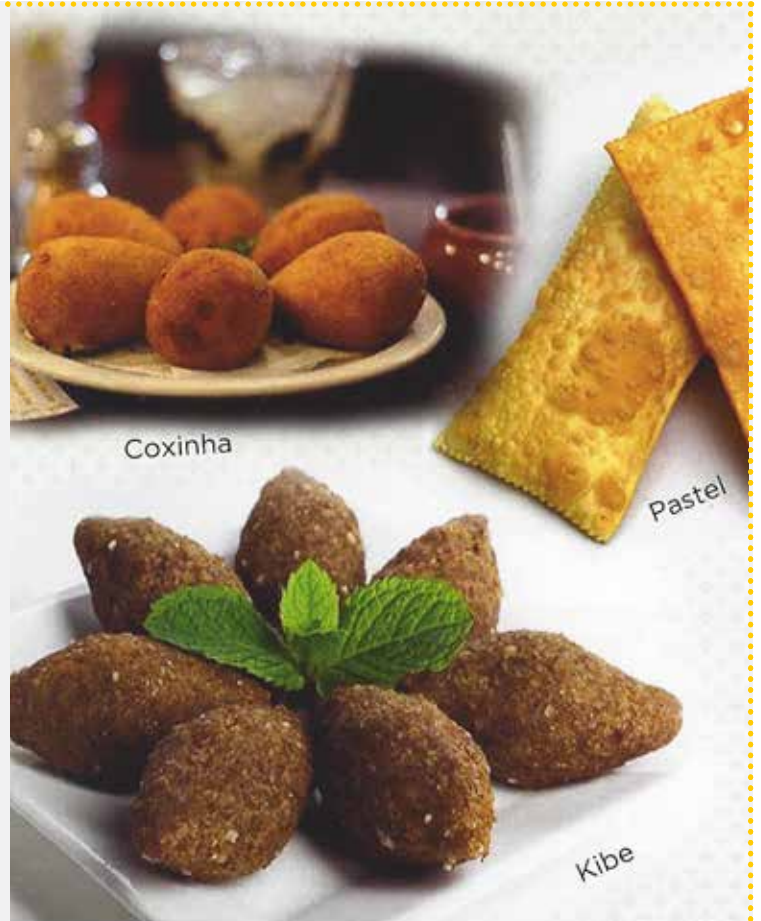
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A Conversation About Abundance

Mostly dictionaries defines abundance as *ample quantity, profusion, affluence, wealth, relative degree of plentifulness, etc.* But going behind this definition, having abundance is to, first and foremost, be happy and content with all areas of your life, including your finances. Next is to have peace... to not live in fear, worry, doubt, regret, sadness, and of course, to never feel lack to always have enough money, time, and energy for all of your needs to be met.

Abundance is not just about having a lot of money; although, money can be one part of it – In fact, abundance is the least about money. It's not about having a big house or fancy cars, or a lavish lifestyle either. Although, once again, those things can all be a part of your abundant life. The point is, the amount of money you want in your bank account, or the number of material possessions and emotional experiences you can afford varies greatly from person to person, depending on what their current definition of wealth and/or abundance is.

UNLEASHING THE FLOW

Make small changes to allow the flow of abundance to come into your life unhindered, without interfering with, or restraining the natural flow in any way. So, if you were to think of abundance itself as a vast, endless ocean, you could then think of a river connecting directly to that ocean, and the flow of that river would represent the abundance that's flowing into *your life*.

And, this metaphorical river is flowing inward, towards **you**. In other words, abundance is always flowing *in your direction*. But, there's

a problem. You see, the effortless with which the river flows abundance into your life depends on how many blockages or obstacles exist in that river. The blockages/obstacles could be in the form of huge rocks and boulders scattered along the river, fallen trees or logs/branches, and any other debris (tires, bottles, etc) that somehow ended up in that river – I'm sure you can use your imagination.

So, think of the current state of abundance in your life as that river. Some rivers are cleaner or dirtier than others, obviously. The point is, if you are not feeling and experiencing effortless abundance in your life right now, it simply means that your river (which is still connected directly to the entire ocean of endless abundance, and is still flowing inward) simply has some obstacles and blockages that are slowing down (or stopping) the abundance from reaching you.

THE ABUNDANCE CONSCIOUSNESS

The abundance consciousness doesn't have much to do with your mindset. Actually, it doesn't have much to do with your *mind* at all. Consciousness goes much deeper than the mind, emotions, or even ego. It arises from your core, and it ripples through your entire being. So, true abundance can only be experienced right now. Not in the *future*. True abundance does not depend on getting something or someone in order to exist. It's always there. You're either connecting with it or you're not.

The very moment that you finally internalize this consciousness, a major shift happens – in everything that you have, know and are. A major blockage gets removed from your river of abundance when you finally embody the

concept – the truth – which you don't need *anything* in order to feel abundance. And you certainly don't need to wait for the future to feel abundant. It's a radical transformation that can change your whole life.

As far as blockages are concerned, this is it. By removing the biggest one you can increase the inward flow of abundance into your river in a major way and many of the other smaller blockages can get pushed out simply from the





increased flow of the river. In other words, many of the other blockages can get removed effortlessly, without any effort on *your* part.

BECOMING AWARE

Awareness is always the first step. And, with awareness alone, the shift can begin to happen inside you. Because contrary for what most of us believe, awareness does not come from the mind. It certainly does not come from your emotions, and, most definitely not from your ego. And, as soon as someone becomes aware of these ideas and concepts that I share

here, she/he can already start to "wake up". Awareness is the beginning of the awakening process. And, it can already start to align you more with the natural flow of abundance. And so, that's the first "effortless" action. You may already be aware of this.

MAKING THE INTERNAL SHIFT

You can start with the little things, and continue to expand the energy by bringing in more and more of this new consciousness into your interaction with people, things, and situations. It takes a little practice at first, especially since

most of us have been conditioned to do things very differently, for so many years.

The next time that you see something that you like, maybe in the window of your favorite store, your first reaction may be to think, "OMG, I want that!" or "I wish I had that" or "I really wish I could afford that..." And, that's okay... that's your conditioned response which has been replaying in your head for many years. But, now that you're aware of what true abundance and the abundance consciousness really is, you can catch yourself during that automatic reaction of "wanting"...and instead realize that you don't have to "own" it in order to feel, or at least acknowledge, its existence.

There is already an abundance (of mansions, cars, cell phone, or whatever it is) out there. Many people have it, and many more of those things are being made. The fact that you don't "own" one right now doesn't mean that an abundance of it doesn't exist out there. This desire we have to "own" everything isn't really our own either! That too is borrowed! We weren't born with it. We simply stumbled upon the idea somewhere along the way, and learned to make it our own.

Some years back, Warren Buffet, one of the richest men in the world, was asked why he didn't own a boat, like all the other super wealthy folks did. His response was, "Why? What for?" He then added that if he bought a boat, he would then have to maintain it or even learn how to operate it. And it was just too much work. He then said some of the most brilliant words, which were, "I have friends who have boats". And, if he wants to ride in a boat, he'll just borrow from one of them or ride with one of them. So, wanting to "own" everything, or anything, is just our frail ego's way of feeling better about itself, and about life. It has nothing to do with true abundance. ■





Five Fastest Growing Social Apps You Maybe Never Heard About

You are starting to reading an interesting article that we consider a true "gift" for you! Do you wish there was a way to position your business for a future boom and ride the wave as a small social media site grows from the ground up? Soul Brasil is published by Kisuccess publishing & marketing and we always keep a close eye on up-and-coming marketing trends – offline and online, that show promise and potential. Here bellow you will find five of the fastest growing social media apps currently in existence for your delight (and success).

CIRCLE – Coined "The Local Network", Circle should not be confused with Google Circles. Circle has been called the "future" of social media and with good reason. This visually stunning social app is making fast inroads into the lives of the people, places and products that matter most to users. It connects people to news, events, people and places like nothing before, and also offers exciting social media and mobile marketing opportunities for local sites.

SOUNDCLOUD – This app is to audio what Pinterest or Instagram is to photos. Once people try it, they love it! Artists love SoundCloud for the ability to upload, record, promote and share their music. Listeners love SoundCloud for the ability to discover great music, share with others and engage beyond the basics. Best of all, it's totally optimized for mobile and social making this a 'must view' for every audiophile and musician.

TWITTER'S VINE – Vine is a mobile app owned by Twitter that to date, hasn't really made a huge splash despite the fact that it's been a leading download among users for months. However, to date, most uses of Vine have involved corporate users rather than plain people; in part due to the short duration of a 6 second video. It allows users to create and share short video clips and was later re-released as an Android app and soon listed as one of the best Android apps for 2013.

GROUPME – Old-timers will remember what were affectionately referred to as "party lines"... shared phone lines that served several households at the same time. Today, GroupMe is doing much the same thing, albeit without the spying and security concerns associated with nosey neighbors. GroupMe might just be the ultimate social app in that as it allows users to chat with everyone they know; from small groups to large, and works on every device allowing photo sharing, direct messages, muting features, location sharing, and more.

TANGO TEXT, VOICE & VIDEO – Part app, part communication and totally social, Tango is taking the app market and social sphere by storm. Not only is it one of the fastest growing apps but developers are jumping in on the fun to create games and other functions that combined voice, video and text into one complete package. There is a reason it takes two to Tango... free video and voice calls, games and all kinds of cool entertainment in a free and easy to use service. ■



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Close Up San Diego

by Victor Gutierrez



15 Years Celebration of Omo Aye Cuban Dance Company.



Asian Film Festival director Lee Ann Kim with filmmaker James Paguio.



Annual event of "Clube do Dende" organized by Katia & Beto and special participation of "A Loira do Acaraje", Daniela Ramos, from Salvador, Bahia; and the sisters Jane and Grace Costa.



Clarinetist/saxophonist Stefanie Schmitz presented her show "Brazil and Back" after a six month musical odyssey in Brazil and a returned with newly inspired material. Stefanie specializes in choro, a style of lively Brazilian jazz from the 1920s, and plays with her local group, Choro Sotaque and had the special participation of jazz trumpeter Gilbert Castellanos with Joe Amato on 7 string guitar and Claudia Lyra on percussion.



Bruno Bath, Consul General of Brazil in Los Angeles have been at the Gold Auditorium/Bio Science Center at the San Diego State University as a guest speaker for an interesting lecture about Brazil's economy. The mayor of San Diego presented an award to the general consul of Brazil, with the participation of professor Cassia Abreu from Sao Paulo.



Direct from Italy, Actress Maria Grazia Cacinotola of The Postman" (il Postino), "madrina" of International San Diego Film Festival 2013.



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Trabalho Voluntário: Fazer o Bem sem Olhar a Quem

Carol Mendes

Em tempos onde a maioria das pessoas parece pensar só em si e no dinheiro que ganham, ainda existem indivíduos que fogem a essa regra. Dedicam parte da sua vida corrida para realizar atividades não remuneradas que tem como objetivo proporcionar o bem social e comunitário. Esses são os voluntários. Essas pessoas são tidas como agentes sociais que realizam um trabalho, em benefício da sociedade, impulsionados pela solidariedade e responsabilidade com o outro, independente de quem seja. A iniciativa do trabalho voluntário pode se manifestar individualmente, ou em grupo, afinal áreas para prestar serviço comunitário não faltam.

No Brasil, o voluntariado é encontrado em maior escala na saúde e/ou educação, pois são campos com inúmeras deficiências que são amenizadas pelo trabalho dessas pessoas. Em Pernambuco, por exemplo, alguns hospitais desenvolvem atividades sem fins lucrativos e o Instituto Materno Infantil – IMIP é um deles. Os voluntários da Fundação Alice Figueira, que pertence ao estabelecimento, realizam simples atividades que colaboram e facilitam o trabalho dos médicos no hospital. Organizar filas, orientação para marcar e remarcar consultas, contar histórias para as crianças internadas no hospital para ajudar a aliviar a dor dos pacientes, etc.

Quando o assunto é educação, existem várias formas para ajudar o próximo, entre elas o incentivo a inclusão digital, prática de esportes, reforço escolar, incentivo à leitura, entre outras.

Assim como nas tarefas executadas dentro de uma empresa, o trabalho voluntário exige responsabilidades e compromissos. Todo prestador de serviço comunitário tem como dever conhecer a instituição ou comunidade onde “trabalha”, ser responsável com os compromissos assumidos, comunicar a instituição se for se desligar temporária ou definitivamente e só se comprometer com aquilo que puder fazer.

Mas nem só de deveres se faz a ação social, o voluntário também tem direito a ser respeitado, ter oportunidade de desenvolver sua capacidade, receber apoio na atividade que realiza, estar informado sobre as funções que irá ocupar e principalmente, ter seu trabalho reconhecido e estimulado. Quando se fala em ações comunitárias um grande representante nacional não pode deixar de ser lembrado: Hebert de Souza. Conhecido como Betinho, esse homem liderou a Ação da Cidadania contra a Miséria e pela Vida, na década de 90. Ele era a materialização da palavra voluntário, trabalhava movido pela paixão aos movimentos sociais e fazia de sua participação mais do que um impulso solidário, um compromisso. Um de seus lemas era tirado do texto O Beija-flor, muito utilizado por ele para explicar porque ele realizava trabalhos sem fins lucrativos “não sei se vou conseguir, mas estou fazendo minha parte”.

Assim como Betinho, os voluntários são atenciosos e perceptivos, pois basta olhar ao redor para notar que sempre haverá alguém precisando de ajuda, seja um indivíduo ou uma organização. Ao



colaborar para o bem-estar de uma pessoa necessitada ou para o sucesso de uma campanha/projeto em que o voluntário acredite – seja ecológico, humanitária ou social, esse voluntário (pessoa) receberá uma remuneração que virá de outra forma, sem ser a financeira. O pagamento pode estar num simples sorriso no rosto de quem é ajudado, no sucesso de uma campanha ou simplesmente, na gratificante sensação de paz e bem-estar interior. ■

***A Soul Brasil magazine gostaria de agradecer a seus “voluntários” colaboradores que se encontram em diversas partes do Brasil e EUA. Muitos deles deram sua valiosa contribuição escrevendo, revisando, traduzindo, tirando fotos ou distribuindo a revista durante essa história de quase doze anos. Em 2013, um especial obrigado aos nossos fotógrafos Claudia Passos de L.A e Victor Gutierrez de San Diego!**



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The Art of Giving

When we give, for a minute we're released from thoughts on how we are, how we were, how we will be, how individuals view us, how we could be, how we should be, and so forth. It's the tape that continues playing in our mind. When we give with an exposed heart, we remember that we're not alone

You might want to say "What? Naturally I know I'm not alone!" True. But let's attempt an experiment. In order for this experimentation to work, you need to be strained. You're not? Kudos, you're apparently an angel and can stop studying now. The experimentation is for the rest of us who hurl towards everyday life. We try to finish work, buy groceries, attend work affairs, organize schedules, plan celebrations, contact family and friends, clean the home, and do a lot of other things – even though time seems to be in short supply.

Ok, so you and I are strained, right? My question to you is: When strained, what percentage of waking time do you spend thinking of your own life? Include thoughts about your work, preparation thoughts, thoughts about the past, ideas about pressing tasks, and thoughts about your relationship with other people.

The higher the stress, the more we become rolled up in our own life, and when we're rolled up in our own life, we get oblivious to the fact that there are others 'out there', and that they have troubles and needs too. That's where the miracle of giving comes out. When we give with an exposed heart, we abruptly wake up from the old tapes and feel linked to others.



That's why the Buddhist tradition sets Dana, the path of unselfishness, as the first of the ten Perfections. Dana implies freely giving of one's material goods, time or wise advice to others. Dana is the first of the ten Perfections as unselfishness is a fundamental ambition from which all spirituality flows. For instance, unselfishness is the basis of kindness and compassion. When we give with a virtuous heart, we feel elated.

What is a virtuous heart? It's giving without any thought of restitution. Actually, our

motives for giving are often tinted with 'unclean' motives: perhaps we're shamed or browbeaten into giving; or we give to receive a privilege; or we give in order to feel good about ourselves.

Each act of giving comes forth from that core of goodness, even though layers of mixed need might cloud our natural ambition of generosity. If we touch that core of goodness, we feel moved. This is natural giving. Give freely, and relish how your core of goodness is touched. ■

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Santa Ifigênia e a Oração para Obter a Casa Própria

Como em todo final ou novo começo de ano muitas pessoas param pelo menos um pouco para refletir e tentar fazer algo que desejam e que por um motivo ou outro não conseguiram anteriormente, segue a seguir, um pouco sobre a história de Santa Ifigenia, a protetora da casa, e a oração a santa para pedir sua casa própria. Um desejo de muitos, seja aqui nos Estados Unidos ou no Brasil.

Obviamente, planejar e trabalhar para conquistar é de suma importância. Não há milagres. Há trabalho, poupança, investimento e planejamento. Mas fatores adicionais como sempre ter a melhor informação possível as mãos (ou ao ouvido) como o mercado de imóveis e suas formas de financiamentos, e a fé na oração, ajudam e muito.

Santa Ifigênea foi uma jovem princesa etíope que se converteu ao cristianismo após ouvir pregações de São Mateus, e provocou o ódio dos sacerdotes do reino. Esses convenceram o Imperador Egípcio a entregar sua própria filha Ifigênia ao sacrifício na fogueira para aplacar a ira dos deuses pagãos e com promessas de imortalidade ao rei. Com sua fé, Ifigênia invocou Jesus, que enviou um anjo para salvá-la de ser devorada pelas chamas do fogo e a levou ao palácio real.

Nesse mesmo dia, o irmão e príncipe Efrânio, adoeceu gravemente e morreu. Mas foi ressuscitado pelas mãos de São Mateus. Com isso, o rei permitiu a pregação do evangelho por toda Etiópia. Ifigênia fundou um mosteiro e, invocando Jesus, o salvou do incêndio provocado pelo príncipe Hitarco - que não aceitou a recusa

de Ifigênea para se casar com ele. Por essa razão a sua imagem de santa traz uma casa em suas mãos, sendo reconhecida como a padroeira das pessoas em busca da salvação de seus lares e almejam a aquisição de uma casa própria.

A ORAÇÃO

Nós imploramos a vós, Oh Senhor, para nos dar o perdão de nossos pecados pela intercessão da Santa Efigênia, virgem e mártir, que estava sempre agradando a vós, pela sua eminente castidade e pela sua profissão de todas as virtudes. Amém.

Oh ilustre virgem e mártir, Santa Efigênia, me

guarde e mantenha prostrado diante do trono onde a colocou a Santíssima Trindade e aonde mais venha a ti agradecer. Cheio de confiança na tua proteção, eu peço a ti interceder por mim junto a Deus, e que do mais alto dos céus se digne a lançar um olhar piedoso para este humilde servo.

Esposa de Cristo, me sustente no sofrimento, fortificai-me nas tentações, proteja-me nos perigos que me rodeiam, e obtenha as graças necessárias para mim, em particular a graça especial de ... (AQUI ESPECIFIQUE O SEU PEDIDO). E acima de tudo, me assista na hora da minha morte, Santa Efigênia, poderosa junto com Deus, orai por nós, Amém. ■





Homenagem Póstuma

Antonio Santanna, conhecido baixista e produtor musical da comunidade brasileira do Sul da Califórnia, e estabelecido em Los Angeles por vários anos, faleceu enquanto dormia na madrugada do último dia 23 de Dezembro. Considerado uma dos tops baixistas brasileiros dos EUA, Santanna participou de várias bandas brasileiras e atuou junto a conhecidos músicos brasileiros radicados nos EUA como Sergio Mendes, Kátia Moraes, Lula Almeida, Andrea Ferraz, Nei Rios, Fabio Jahgun e Cupim do Samba entre outros;

e diversos músicos latinos e americanos.

O músico faleceu aos 56 anos de idade e recentemente esteve no Brasil visitando familiares e amigos depois de 24 anos. Até a data de fecharmos essa edição, havia suspeitas que a morte pudesse ter sido em consequência de um ataque cardíaco. Com certeza as portas do céu estarão sendo abertas para mais um fenômeno da música. Que descanse em paz, o amigo de muitos residentes de Los Angeles, San Diego, Santa Barbara e São Francisco – Lindenberg Junior, Soul Brasil magazine. ■



Em Memória

Lembrarei sempre dos nossos bons momentos. O seu lugar ficou vazio no meu jardim. Com certeza um dia vou te encontrar outra vez. Que você descanse em paz querido Santanna.

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Comunidade Brasileira & Comunicado de Imprensa

Lindenberg Junior

O número de imigrantes Brasileiros residentes no exterior cresceu de uma forma crescente e evolutiva nos últimos trinta anos, e o maior contingente desses expatriados estão nos EUA. O número de brasileiros na terra do tio Sam chega a ultrapassar um milhão e estão espalhados em todas as regiões, mas com maiores concentrações em Nova York/New Jersey, em todo o Sul da Florida, na Região de Boston, na área da Baía de São Francisco e aqui no Sul da Califórnia.

Essa imigração mais consistente começou a se desencadear no fim dos anos 60 e depois do censo Americano de 2010 ficou constatado que os brasileiros passariam ser a sétima maior comunidade latina nos EUA, ficando atrás apenas, dos Mexicanos, Cubanos, Salvadorenhos, Guatemaltecos, Porto-Riquenhos e Colombianos. Um mercado consumidor considerável na ainda forte economia Americana. Por outro lado, o contingente de não brasileiros "Amantes do Brasil" vem também aumentando consideravelmente nos últimos anos, e em boa parte, graças a uma maior exposição da cultura brasileira no exterior através destes mesmos "brazucas".

Para os empresários e empresas Brasileiras de todos os tamanhos e formas que almejam atingir

o mercado consumidor Americano (em inglês ou espanhol) ou em particular, esse potencial mercado consumidor de milhões de "brazucas" nos EUA (em português) uma das boas opções além das várias publicações brasileiras espalhadas de costa a costa nos EUA (custo baixo/médio) e dos canais de TV brasileiro a cabo (custo alto), seria através de uma campanha específica de marketing online (custo baixo/médio + tempo) ou através de um serviço de assessoria de imprensa e distribuição de press-releases (custo baixo/médio).

Nesse artigo, vou destacar o press-release ou simplesmente, o "comunicado de imprensa", já que no geral, se trata de uma ferramenta ainda muito pouco usada entre as pequenas e médias empresas, e que pode render muitos bons frutos. Uma grande oferta de informações a disposição dos veículos de comunicação faz com que, muitas vezes, notícias de determinados setores sejam colocados em escanteio ou em um segundo plano. Isso ocorre geralmente porque algumas instituições ou principalmente pequenas empresas não conhecem os canais e técnicas para um fato se transformar em notícia divulgada pelos diferentes meios de comunicação.

O comunicado de imprensa é uma ferramenta de marketing que por vários anos tem sido utilizada

com eficácia entre as grandes corporações, artistas, esportistas e políticos. Por outro lado, ela é muito pouco usada por empresas de porte pequeno/médio e profissionais liberais, o que poderia ser uma falha em muitas ocasiões. O comunicado de imprensa pode ser produzido por uma assessoria de imprensa ou por um jornalista, mas também pode ser produzido, se dentro dos padrões, pelo próprio empresário ou profissional liberal. Depois de produzido o "release" que tem o intuito de informar a mídia (local e/ou regional e/ou nacional e/ou internacional) sobre algum fato relevante - por exemplo, a inauguração de uma nova loja ou um novo website, a contratação de novos profissionais ou instalação de novo equipamento, etc, o próximo passo importante é distribuir o release.

Para essa segunda etapa, se você usa uma assessoria de imprensa, eles se encarregam da distribuição da informação. Se não, você precisa ter um banco de dados com contatos de mídias (repórteres, editores, etc.). Se tiver uma relação mais próxima com algum jornalista ou mídia, muito melhor. No mais, o intuito do comunicado de imprensa é como o termo já menciona, se comunicar com a imprensa. E a partir daí, ter a chance de sua notícia ser lida por milhares de pessoas através de notas e/ou artigos que podem ser publicados sem custo adicional por uma ou várias mídias. ■

TASTE THE MUSICAL FLAVOR OF BRAZIL

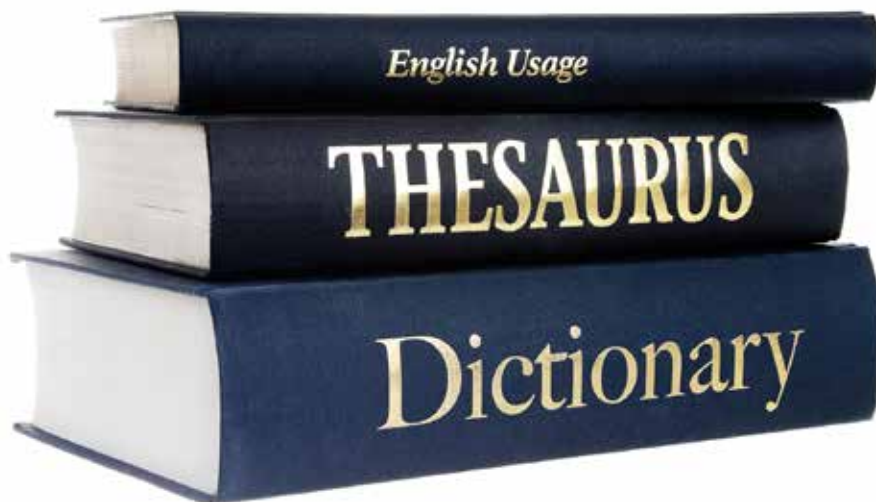
CONTEMPORÂNEA





Demanda em Alta Gera Oportunidades no Brasil para quem Fala Inglês

Lindenberg Junior



Com dois mega eventos que estão para acontecer no Brasil nos próximos dois anos, a Copa do Mundo de 2014 e as Olimpíadas de 2016, se abre o leque das oportunidades em vários setores no país do samba, seja na área de turismo, tecnologia ou mesmo educação. O mercado de trabalho para professores de inglês, por exemplo, está em alta em consequência do aumento considerável de pessoas querendo aprender a língua mais popular do mundo.

A busca pelo aprendizado do inglês aumentou em vários setores e vai desde estudantes adolescentes de classes A, B e C até profissionais qualificados em distintas áreas como jornalistas, publicitários, advogados e administradores de empresas. Recentemente, por exemplo, várias corporações de mídia e comunicação têm oferecido em diversas cidades do Brasil, cursos de inglês especializados para seus profissionais, através de parcerias com instituições de ensino.

Isso fez também com que a profissão de professor de inglês passasse a estar em alta, e o emprego, seja através de instituições de ensino ou mesmo particular, em fase de boa demanda, principalmente pela falta de professores qualificados e com experiência de vivência no exterior.

“Recebemos inúmeros pedidos de professores de escolas que estavam insatisfeitos com sua remuneração e gostariam de aumentar sua renda com aulas de inglês” diz Leticia Moraes, sócia da Advance Training, que surgiu em 2006 a partir da demanda do curso de inglês especializado para aulas particulares e com foco em profissionais que já são professores. Esse tipo de fato prova de alguma forma prova que a demanda existe e que a oportunidade está à vista, principalmente para os milhares de brasileiros que falam fluentemente o inglês, vivem ou viveram nos Estados Unidos.

Essa oportunidade no Brasil se estende para aqueles que falam fluentemente o inglês e conhecem a cultura americana por experiência de vida. E o caso de Roberta Baptista, uma carioca que viveu em Los Angeles por vários anos, estudou turismo no UCLA, e regressou ao Brasil em 2012. “Com apenas dois meses no Brasil fui contratada como secretária executiva por uma empresa que se expandia e lidava com clientes internacionais graças, em boa parte, ao meu quase perfeito inglês”, nos disse Roberta.

A realidade é que a oportunidade no Brasil para aqueles que falam e escrevem bem em inglês são cada vez maiores já que mais e mais empresas e em diversificados setores, contratam profissionais com esse perfil. A experiência de ter vivido nos EUA e de conhecer a cultura do americano são um “plus” na hora da escolha por parte do futuro patrão ou gerente de recursos humanos de uma determinada empresa. ■

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Notícias da Fundação D. Pedro II

The Miss Brazil-USA Nevada 2013 was held at the Casa Di Copa Las Vegas (Bootlegger) on North of the Strip last November 23th. It was a huge success and crowned the beautiful brunette Juliana Karla born in Campina Grande in the state of Paraíba who was raised in Rio and now lives in Las Vegas. Among various prizes from the sponsors, she won \$500 in cash and a roundtrip to Miami Florida. This year for the first time the organization of Miss Brazil-USA has incorporated the Mr. Brazil-USA Nevada to choose from that and won by the "Paulista" (natural from Sao Paulo) Pedro Mello that also won the same prizes as Juliana.

The event this year had its entertainment headline performances from talented dancers and musicians. Former Brazil-USA winner

Ellen Alves opened with a Samba show and Lux Brazil Entertainment did a complimentary choreographed samba show; AIP Academy of the Arts did two beautiful Afro-Brazilian dance performances – "Saudações aos Orixás" and "Topazio"; Ali Mellado performed his classic samba dance demonstration solo; the band "Place to Pace" played a live set of cool blends of Latin pop, jazz, and salsa; and DJ Gil Barba played electrified music getting the people to dance.

The Miss Brazil-USA Nevada is an annual event organized and produced by **D. Pedro II Brazilian International Foundation** with Ms.Sonia Rivelli as the CEO and former Miss Brazil-USA Nevada 2010-2011 Ellen Alves as the Executive Director. The event this year had Magdalena Silveira and Cliff Jordan as the MC's with the help of Thereza Lopes and

Deise Jordan. The event also had its support with the fashion designer of the pageant Aldo Mencatto, hairdresser Val Cetaj and artistic makeup by Geuzane Castro.

"I worked hard to make this event happen and the effort was worth it! I have to thank everyone who helped and supported me and the event in a whole" said Ellen Alves. The Miss-Brazil USA Nevada 2013 was sponsored by the Brasil Brazil Salon & SPA, Lux Brazil Entertainment, Dr. Vita Inc. by Mr. Wayne Gorsek, Hue Dental, AIS, AIP Academy of Arts, Fogo de Chao Brazilian Steakhouse, Nevada Brain Bee Association, Texas de Brazil Steakhouse, Soul Brasil Magazine and Space to Pace, with support of G Photograph by Laura Goncalves and photographer Rodrigo Gonzalez Yanez, DJ Gil Barba and artist Ali Mellado. ■



The D. Pedro II Brazilian International Foundation wishes to all their supporters and volunteers a full year of happiness and prosperity accompanied of health and much peace. Feliz 2014!

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Born: Campina Grande, PB (Brazil); **Living Now:** Las Vegas and Rio de Janeiro; **Weight:** 125lbs; **Height:** 5'6"; **Sign:** Pieces; **Preference Color:** Pink; **Preference Food:** Italian / Brazilian; **Hobby:** Music, Movies and Socialize; **Sport/Fitness:** Weights, Rollerskate, Jump; **Music Style:** Rock, Blues and Jazz; **Career:** Modeling; **A Dream:** Everyone can to know love each other like brothers; **What's your Life Philosophy?** Live every day as if it was your last, because you never know when it will Be; ***Recently** Juliana won the **Miss Brazil-USA Nevada 2013 Pageant.**

Juliana Karla Rast

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